



September 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30 AM Exercise 11AM Show & Tell 3 PM Shopping @ Target 7 PM Movie Night CH. 2	2 9AM-2PM Doctors Appts. 10:30AM Exercise 11 AM History of September 11:30AM BP w/ Envision 3 PM Bingo 7pm Movie Night CH. 2	3 Bowling Day 10:30AM Exercise 11 AM Bowling Techniques 3 PM Ligia Performance 7PM Movie Night CH. 2	4 2PM Board Games 6PM Antique Roadshow 7PM Movie Night CH. 2
5 9:30AM Music & The spoken word Ch11 2:30PM LDS Church Service	6 Labor Day 10:30AM Exercise 4 PM Family Home Evening 7PM Movie Night CH. 2	7 Dr. Hoyal Podiatry Visits 9AM-2PM Doctors Appts. 10:30AM Exercise 11AM BYU Devotional 3 PM Disco Bowling 7PM Movie Night CH. 2	8 10:30 AM Exercise 11AM Forgiveness Day 3 PM Shopping @ Dollar Store 7 PM Movie Night CH. 2	9 9AM-2PM Doctors Appts. 10:30AM Exercise 11AM Sudoku 11:30AM BP w/ Envision 3 PM Bingo 7pm Movie Night CH. 2	10 10:30 AM Exercise 11 AM Nail Painting 3 PM The Accords Performance 7PM Movie Night CH. 2	11 2PM Board Games 6PM Antique Roadshow 7PM Movie Night CH. 2
12 9:30AM Music & The spoken word Ch11 2:30PM LDS Church Service	13 Crème Filled Donuts Day 10:30AM Exercise 11AM Donuts 2:30 PM Bear Stuffing 4 PM Family Home Evening 7PM Movie Night CH. 2	14 9AM-2PM Doctors Appts. 10:30AM Exercise 11AM BYU Devotional 3 PM Therapeutic Coloring 7PM Movie Night CH. 2	15 10:30AM Exercise 11AM Greece with Josh 3 PM Shopping @ Macey's 7 PM Movie Night CH. 2	16 9AM-2PM Doctors Appts. 10:30AM Exercise 11AM Mexico Independence Day 11:30AM BP w/ Envision 3 PM Bingo 7PM Movie Night CH. 2	17 10:30 AM Exercise 11 AM Chips and Guac Social 3 PM Heart & Soul Performance 7PM Movie Night CH. 2	18 2PM Board Games 6PM Antique Roadshow 7PM Movie Night CH. 2
19 9:30AM Music & The spoken word Ch11 2:30PM LDS Church Service	20 10:30AM Exercise 11AM Peace Craft 2:30 PM Branch Activity 4 PM Family Home Evening 7PM Movie Night CH. 2	21 Mini Golf Day 9AM-2PM Doctors Appts. 10:30AM Exercise 11AM BYU Devotional 3 PM Mini Golf 7PM Movie Night CH. 2	22 10:30 AM Exercise 11AM Guided Meditation 3 PM Shopping @ Walmart 7PM Movie Night CH. 2	23 9AM-2PM Doctors Appts. 10:30AM Exercise 11 AM Elephant Day 11:30AM BP w/ Envision 3 PM Bingo 7PM Movie Night CH. 2	24 10:30AM Exercise 11AM Nail Painting 3 PM Silversmith's Performance 7PM Movie Night CH. 2	25 2PM Board Games 6PM Antique Roadshow 7PM Movie Night CH. 2
26 9:30AM Music & The spoken word Ch11 2:30PM LDS Church Service	27 Neighbor Day 10:30AM Exercise 11AM Cards for your Neighbors 2:30 PM Therapeutic Coloring 4 PM Family Home Evening 7PM Movie Night CH. 2	28 9AM-2PM Doctors Appts. 10:30AM Exercise 11AM BYU Devotional 3 PM Resident B-day Party 7PM Movie Night CH. 2	29 10:30 AM Exercise 11AM How Coffee is Made 11:30 AM Resident Council 3 PM Shopping @ Smith's 7PM Movie Night CH. 2	30 9AM-2PM Doctors Appts. 10:30AM Exercise 11 AM Johnny Appleseed Day 11:30AM BP w/ Envision 3 PM Bingo 7PM Movie Night CH. 2		

All Activities are Subject to Change.