



OCTOBER 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>What do you call two witches sharing an apartment? Broom-mates!</p>					<p>1 10:30AM Exercise 11AM Decoration Crafts 2PM Birthday Party 3PM Leah Performance 7PM Movie Night CH.2 7PM BYU VS Utah St. (CBS) Happy B-Day Carole N!</p>	<p>2 2PM Board Games 6PM Antique Roadshow CH.7 7PM Movie Night CH. 2</p>
<p>3 9:30 AM Music and the Spoken Word CH. 11 2:30 LDS Church Service 6PM Americas Funniest Home Videos CH.3</p>	<p>4 10:30 Exercise 11AM Monthly Goal Setting 2:30PM History Lesson 2:30PM Halloween Crafts 4PM Family Home Evening 7PM Movie Night CH.2</p>	<p>5 9AM-2PM Doctors Appts. 10:30 AM Chair Yoga 11AM BYU Devotional 3PM Scenic Drive 3PM "Ted Talk" Tuesday 7PM Movie Night CH. 2</p>	<p>6 10:30AM Exercise 11AM Greece w/ Josh 3PM Shopping @ Dollar Store 3PM Jewelry Making 7PM Movie Night CH.2</p>	<p>7 9AM-2PM Doctors Appts. 10:30 AM Exercise 11 AM Rick Steves' Travel 11:30AM BP W/ Envision 3PM Bingo 3PM Board Games 7PM Movie Night CH. 2</p>	<p>8 10:30AM Nail Painting 10:30AM Face Masks 3PM Larry Kinder Performance 7PM Movie Night CH.2</p>	<p>9 1:30PM BYU VS Boise St. CH. 3 2PM Board Games 6PM Antique Roadshow CH.7 7PM Movie Night CH. 2</p>
<p>10 9:30 AM Music and the Spoken Word CH. 11 2:30 LDS Church Service 6PM Americas Funniest Home Videos CH.3</p>	<p>11 Chess Day 10:30 Exercise 11AM Check on Goals 11AM Intro to Chess 2:30PM Chess Tournament 2:30PM History Lesson 4PM Family Home Evening 7PM Movie Night CH.2</p>	<p>12 Mental Health Day 9AM-2PM Doctors Appts. 10:30 AM Chair Yoga 11AM BYU Devotional 11AM Mental Health WKST 3PM Ted Talk 3PM Scenic Drive 7PM Movie Night CH. 2</p>	<p>13 Navy Birthday 10:30AM Exercise 11AM History of Navy Corp 3PM Jewelry Making 3PM Shopping @ Target 7PM Movie Night CH.2 Happy B-Day Carol T!</p>	<p>14 9AM-2PM Doctors Appts. 10:30 AM Exercise 11AM Rick Steves' Travel 11:30AM BP W/ Envision 3PM Bingo 3PM Board Games 7PM Movie Night CH. 2</p>	<p>15 10:30AM Exercise 11AM Spanish Lesson 3PM Heart and Soul Performance 7PM Movie Night CH.2</p>	<p>16 BYU VS Baylor 2PM Board Games 6PM Antique Roadshow CH.7 7PM Movie Night CH. 2 Happy B-Day Carolyn!</p>
<p>17 9:30 AM Music and the Spoken Word CH. 11 2:30 LDS Church Service 6PM Americas Funniest Home Videos CH.3</p>	<p>18 10:30 Exercise 11AM Check on Goals 11AM Halloween Crafts 2:30PM Branch Activity 4PM Family Home Evening 7PM Movie Night CH.2</p>	<p>19 9AM-2PM Doctors Appts. 10:30 AM Chair Yoga 11AM BYU Devotional 11AM Spanish Lesson 3PM "Ted Talk" Tuesday 3PM Scenic Drive 7PM Movie Night CH. 2</p>	<p>20 10:30AM Exercise 11AM Halloween Games 3PM Shopping @ Macey's 3PM History Lesson 7PM Movie Night CH.2</p>	<p>21 Color Day 9AM-2PM Doctors Appts. 10:30 AM Exercise 11AM Halloween Crafts 11AM Rick Steves' Travel 11:30AM BP W/ Envision 3PM Bingo 3PM Board Games 7PM Movie Night CH. 2</p>	<p>22 10:30AM Nail Painting 10:30AM Face Masks 3PM Reptile Show 7PM Movie Night CH.2</p>	<p>23 BYU VS Washington St. 2PM Board Games 6PM Antique Roadshow CH.7 7PM Movie Night CH. 2</p>
<p>24 9:30 AM Music and the Spoken Word CH. 11 2:30 LDS Church Service 6PM Americas Funniest Home Videos CH.3</p>	<p>25 10:30 Exercise 11AM Check on Goals 11AM Spanish Lesson 2:30PM Halloween Crafts 4PM Family Home Evening 7PM Movie Night CH.2</p>	<p>26 National Pumpkin Day 9AM-2PM Doctors Appts. 10:30 AM Chair Yoga 11AM BYU Devotional 11AM Pumpkin Bowling 3PM Resident B-Day Party 7PM Movie Night CH. 2</p>	<p>27 10:30AM Exercise 11AM Halloween Crafts 11AM Ted Talk 3PM Shopping @ Walmart 3PM History Lesson 7PM Movie Night CH.2</p>	<p>28 Chocolate Day 9AM-2PM Doctors Appts. 10:30 AM Exercise 11AM Rick Steves' Travel 11:30AM BP W/ Envision 3PM Bingo 3PM Board Games 7PM Movie Night CH. 2</p>	<p>29 Halloween Party!</p>	
<p>31 Halloween 9:30 AM Music and the Spoken Word CH. 11 2:30 LDS Church Service</p>						

All Activities are Subject to Change