



# JANUARY 2023 AL Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 10:00AM Exercise-Jessica AL 10:30AM Trivia AL 11:30PM Travel Documentary 2:30PM Musical Performance 4:00PM Book Club AL	3 10:00AM Exercise AL 10:30AM Trivia AL 3:00PM Bingo AL 7:00PM Movie Night CH.2	4 10:00AM Balloon Volleyball AL 10:30AM Trivia 3:00PM Walmart Shopping IL 3:30PM Bowling AL 7:00PM Movie Night CH.2	5 10:00AM Exercise-Jessica AL 10:30AM Trivia AL 3:00PM Bingo AL 7:00PM Movie Night Ch.2	6 10:00AM Exercise AL 10:30AM Nail Painting AL 2:30PM Musical Performance-Jake Robins IL 3:30PM Bear Stuffing IL 7:00PM Movie Night Ch.2	7 10:30AM Balloon Volleyball AL 2:30PM Puzzle Party AL 7:00PM Movie Night Ch.2
8 9:30AM Music and the Spoken Word CH. 32 10:00AM-12:00PM Stake Conf. LDS Church Service IL 7:00PM Movie Night Ch.2	9 10:00AM Exercise-Jessica AL 10:30AM Trivia AL 11:30AM Travel Documentary 2:30PM Musical Performance- Larry Kinder IL 4:00PM Book Club AL 7:00PM Movie Night Ch.2	10 10:00AM Instrumix AL 10:30AM Trivia AL 3:00PM Bingo AL 7:00PM Move Night Ch.2	11 10:00AM Balloon Volleyball AL 10:30AM Trivia AL/Spotlight AL 11:00AM Exercise IL/Spotlight IL 11:30AM Travel Documentary Ch.2 3:30 PM Corn Hole AL 7:00PM Movie Night Ch.2	12 10:00AM Exercise-Jessica AL 10:30AM Trivia AL 3:00PM Bingo AL 7:00PM Movie Night Ch.2	13 10:00AM Exercise AL 10:30AM Nail Painting AL 2:30PM Musical Performance – Bob Shorten IL 3:30PM Name that Tune AL 7:00PM Movie Night Ch.2	14 10:30AM Balloon Volleyball AL 2:30PM Puzzle Party AL 7:00PM Movie Night CH.2
15 9:30AM Music and the Spoken Word Ch. 32 2:30PM LDS Church Service IL 7:00PM Movie Night Ch.2	<b>Martin Luther King Jr Day!</b> 16 10:00AM Exercise-Jessica AL 10:30AM Trivia AL 11:30AM Travel Documentary Ch.2 2:30PM Branch Activity IL 4:00PM Book Club AL	17 10:00AM Exercise AL 10:30AM Trivia AL 3:00PM Bingo AL 4:00PM Hot Chocolate Bar AL 7:00PM Move Night Ch.2	18 10:00AM Balloon Volleyball AL 10:30AM Trivia AL 11:30AM Travel Documentary Ch 2 3:30 Name That Tune -AL 7:00PM Movie Night Ch.2	19 10:00AM Exercise-Jessica AL 10:30AM Trivia AL 3:00PM Bingo AL 7:00PM Movie Night Ch.2	20 10:00AM Exercise AL 10:30AM Trivia AL 2:30PM Musical Performance-Accords IL 3:30PM Fleece Blanket Tying IL 7:00PM Night Ch.2	21 10:30AM Balloon Volleyball AL 2:30PM Puzzle Party AL 7:00PM Movie Ch. 2
22 9:30AM Music and the Spoken Word Ch. 32 2:30PM LDS Church Service IL 7:00PM Movie Night Ch.2	23 10:00AM Exercise-Jessica AL 10:30AM Trivia AL 11:30AM Travel Documentary Ch.2 2:30PM Musical Performance IL 4:00PM Book Club AL	24 10:00AM Instrumix AL 10:30AM Trivia AL 3:00PM Bingo AL 7:00PM Move Night Ch.2	25 10:00AM Balloon Volleyball AL 10:30 AM Trivia AL 3:00PM Birthday Party/Resident Council AL 7:00PM Movie Night Ch.2	26 10:00AM Exercise-Jessica AL 10:30AM Trivia AL 3:00PM Bingo IL 7:00PM Movie Night Ch.2	27 10:00AM Exercise AL 10:30AM Nail Painting AL 2:30PM Harp Performance- Elyse IL 3:30PM Bowling AL 7:00PM Movie Night Ch.2	28 10:30AM Balloon Volleyball AL 2:30PM Puzzle Party AL 7:00PM Movie Ch. 2.
29 9:30AM Music and the Spoken Word Ch. 32 2:30PM LDS Church Service IL 7:00PM Movie Night Ch.2	30 10:00AM Exercise-Jessica AL 10:30 Trivia AL 11:30AM Travel Documentary 2:30PM Musical Performance- Larry Kinder IL 4:00PM Book Club AL 7:00PM Movie Night Ch.2	31 10:00AM Exercise AL 10:30AM Trivia AL 3:00PM Bingo AL 7:00PM Move Night Ch.2	<b>January Birthdays:</b> Ellen Axelson Jan 7 <sup>th</sup> George Maier Jan 23 <sup>rd</sup> John Daymont Jan 8 <sup>th</sup> Marvin Evans Jan 26 <sup>th</sup> Charlie Shields Jan 9 <sup>th</sup> Jennifer Lucke Jan 26 <sup>th</sup> Luella Williamson Jan 14 <sup>th</sup> Joyce Johnson Jan 28 <sup>th</sup> Jerry Sue Charlier Jan 19 <sup>th</sup> Grant Court Jan 20 <sup>th</sup> 		<b>Location:</b>  AL= Assisted Living IL= Independent Living	

