



# August 2024 Assisted Living Calendar



| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday   |
|--|--|--|---|--|---|--|
| <p><b>Location:</b></p> <p>AL: Assisted Living</p> <p>IL: Independent Living</p>                                       |  |  |   | <p><b>1</b></p> <p>10:00 AM Exercise (Weights/Band) AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>3:30 PM BINGO IL<br/>7:00 PM Movie Night Ch. 2</p>                | <p><b>2</b></p> <p>10:00 AM Sit &amp; Dance w/ Becky AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>3:00 PM Robert Peterson + Laura Keele—Musical Performance IL<br/>7:00 PM Movie Night Ch. 2</p>                            | <p><b>3</b></p> <p>10:30 AM Balloon Volleyball AL<br/>2:30 PM Puzzle Party AL<br/>3:00 PM Movie Matinee Ch. 2<br/>7:00 PM Movie Night Ch. 2</p>  |
| <p><b>4</b></p> <p>9:30 AM Music and Spoken Word<br/>2:30 PM LDS Church Service IL<br/>7:00 PM Movie Night Ch. 2</p>   | <p><b>5</b></p> <p>10:00 AM Exercise (Meditation) AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>3:00 PM "Hungry Hippos" AL<br/>7:00 PM Movie Night Ch. 2</p>                            | <p><b>6</b></p> <p>10:00 AM Exercise (Chair Yoga) AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>3:30 PM BINGO IL<br/>7:00 PM Movie Night Ch. 2</p>                                | <p><b>7</b></p> <p>10:00 AM Balloon Volleyball AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>3:30 PM Abstract Tape Painting AL<br/>7:00 PM Movie Night Ch. 2</p>                 | <p><b>8</b></p> <p>10:00 AM Exercise (Weights/Band) AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>3:00 PM BINGO (Bingo Store) IL<br/>7:00 PM Movie Night Ch. 2</p>  | <p><b>9</b></p> <p>10:00 AM Sit &amp; Dance w/ Becky AL<br/>10:30 AM Nail Painting AL<br/>11:30 AM Documentary Ch. 2<br/>2:30 PM Larry Kinder—Musical Performance IL<br/>3:45 PM Blanket Tying AL<br/>7:00 PM Movie Night Ch. 2</p>         | <p><b>10</b></p> <p>10:30 AM Balloon Volleyball AL<br/>2:30 PM Puzzle Party AL<br/>3:00 PM Movie Matinee Ch. 2<br/>7:00 PM Movie Night Ch. 2</p> |
| <p><b>11</b></p> <p>9:30 AM Music and Spoken Word<br/>2:30 PM LDS Church Service IL<br/>7:00 PM Movie Night Ch. 2</p>  | <p><b>12</b></p> <p>10:00 AM Exercise (Meditation) AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>2:30 PM Scenic Outing AL<br/>4:00 PM Book Club AL<br/>7:00 PM Movie Night Ch. 2</p>    | <p><b>13</b></p> <p>10:00 AM Exercise (Chair Yoga) AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>3:30 PM BINGO (Bingo Stores) IL<br/>7:00 PM Movie Night Ch. 2</p>                | <p><b>14</b></p> <p>10:00 AM Balloon Volleyball AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>2:30 PM Initial Art AL<br/>4:00 PM Cornhole AL<br/>7:00 PM Movie Night Ch. 2</p>   | <p><b>15</b></p> <p>10:00 AM Exercise (Weights/Band) AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>3:30 PM BINGO IL<br/>7:00 PM Movie Night Ch. 2</p>               | <p><b>16</b></p> <p>10:00 AM Sit &amp; Dance w/ Becky AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>3:30 PM Preston Hoffman—Musical Performance IL<br/>7:00 PM Movie Night Ch. 2</p>   | <p><b>Summer Party 17</b></p> <p>10:30 AM Balloon Volleyball AL<br/>3:00 PM Movie Matinee Ch. 2<br/>7:00 PM Movie Night Ch. 2</p>                |
| <p><b>18</b></p> <p>9:30 AM Music and Spoken Word<br/>2:30 PM LDS Church Service IL<br/>7:00 PM Movie Night Ch. 2</p>  | <p><b>19</b></p> <p>10:00 AM Exercise (Meditation) AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>2:30 PM Branch Activity AL<br/>4:00 PM Jeopardy<br/>7:00 PM Movie Night Ch. 2</p>      | <p><b>20</b></p> <p>10:00 AM Exercise (Chair Yoga) AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>3:30 PM BINGO IL<br/>7:00 PM Movie Night Ch. 2</p>                               | <p><b>21</b></p> <p>10:00 AM Balloon Volleyball AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>2:00 PM Bowling AL<br/>3:30 PM Lantern Making AL<br/>7:00 PM Movie Night Ch. 2</p> | <p><b>22</b></p> <p>10:00 AM Exercise (Weights/Band) AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>3:00 PM BINGO (Bingo Store) IL<br/>7:00 PM Movie Night Ch. 2</p> | <p><b>23</b></p> <p>10:00 AM Sit &amp; Dance w/ Becky AL<br/>10:30 AM Nail Painting AL<br/>11:30 AM Documentary Ch. 2<br/>2:30 PM L Elise Richardson—Musical Performance IL<br/>4:00 PM Coloring Pages AL<br/>7:00 PM Movie Night Ch. 2</p> | <p><b>24</b></p> <p>10:30 AM Balloon Volleyball AL<br/>2:30 PM Puzzle Party AL<br/>3:00 PM Movie Matinee Ch. 2<br/>7:00 PM Movie Night Ch. 2</p> |
| <p><b>F25</b></p> <p>9:30 AM Music and Spoken Word<br/>2:30 PM LDS Church Service IL<br/>7:00 PM Movie Night Ch. 2</p> | <p><b>26</b></p> <p>10:00 AM Sit &amp; Dance w/ Becky AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>2:30 PM Scenic Outing AL<br/>4:00 PM Book Club AL<br/>7:00 PM Movie Night Ch. 2</p> | <p><b>27</b></p> <p>10:00 AM Exercise (Chair Yoga) AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>2:30 PM Birthday Party IL<br/>3:30 PM BINGO IL<br/>7:00 PM Movie Night Ch. 2</p> | <p><b>28</b></p> <p>10:00 AM Balloon Volleyball AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>2:30 PM Resident Council AL<br/>7:00 PM Movie Night Ch. 2</p>                      | <p><b>29</b></p> <p>10:00 AM Exercise (Weights/Band) AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>3:30 PM BINGO IL<br/>7:00 PM Movie Night Ch. 2</p>               | <p><b>30</b></p> <p>10:00 AM Sit &amp; Dance w/ Becky AL<br/>10:30 AM Trivia AL<br/>11:30 AM Documentary Ch. 2<br/>3:30 PM Julia Sagers—Musical Performance IL<br/>7:00 PM Movie Night Ch. 2</p>  | <p><b>31</b></p> <p>10:30 AM Balloon Volleyball AL<br/>2:30 PM Puzzle Party AL<br/>3:00 PM Movie Matinee Ch. 2<br/>7:00 PM Movie Night Ch. 2</p> |