October 2024 Assisted Living Calendar 🎉

Sunday	Monday	Tuesday	Wednesday		Thursday		Friday	Saturday
Location: AL: Assisted Living IL: Independent Living		1 10:00 AM Exercise (Bands) AL 10:30 AM Trivia AL 11:30 AM TV Series (The Addams Family) Ch. 2 3:30 PM BINGO IL 7:00 PM Movie Night Ch. 2	2 10:00 AM Balloon Volleyball AL 10:30 AM Trivia AL 11:30 AM TV Series (The Twilight Zone) Ch. 2 2:30 PM Scenic Outing AL 7:00 PM Movie Night Ch. 2	2	10:00 AM Exercise (Weights) AL 10:30 AM Trivia AL 11:30 AM TV Series (The Addams Family) Ch. 2 3:30 PM BINGO IL 7:00 PM Movie Night Ch. 2	3	4 10:00 AM Sit & Dance w/ Becky AL 10:30 AM Trivia AL 11:30 AM TV Series (The Twilight Zone) Ch. 2 2:30 PM Russ May—Musical Performance IL 7:00 PM Movie Night Ch. 2	5 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 3:00 PM Movie Matinee Ch. 2 7:00 PM Movie Night Ch. 2
6 9:30 AM Music and Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	7 10:00 AM Exercise (Chair Yoga) AL 10:30 AM Trivia AL 11:30 AM TV Series (The Twilight Zone) Ch. 2 2:30 PM Larry Kinder—Musical Performance IL 7:00 PM Movie Night Ch. 2	8 10:00 AM Exercise (Bands) AL 10:30 AM Trivia AL 11:30 AM TV Series (The Addams Family) Ch. 2 3:30 PM BINGO IL 7:00 PM Movie Night Ch. 2	C 10:00 AM Balloon Volleyball AL 10:30 AM Trivia AL 11:30 AM TV Series (The Twilight Family) Ch. 2 2:30 PM Bowling AL 7:00 PM Movie Night Ch. 2	9	10:00 AM Exercise (Weights) AL 10:30 AM Trivia AL 11:30 AM TV Series (The Addams Family) Ch. 2 3:00 PM BINGO (Bingo Store) IL 7:00 PM Movie Night Ch. 2	10	11 10:00 AM Sit & Dance w/ Becky AL 10:30 AM Nail Painting AL 11:30 AM TV Series (The Twilight Zone) Ch. 2 2:30 PM Preston Hoffman—Musical Performance IL 3:45 PM Blanket Tying AL 7:00 PM Movie Night Ch. 2	12 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 3:00 PM Movie Matinee Ch. 2 7:00 PM Movie Night Ch. 2
13 9:30 AM Music and Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	Columbus Day 14 10:45 AM Trivia AL 11:00 AM Sit & Dance w/ Becky AL 11:30 AM TV Series (The Twilight Zone) Ch. 2 2:30 PM Tote Bag Craft IL 3:30 PM Collage Making AL 7:00 PM Movie Night Ch. 2	15 10:00 AM Exercise (Bands) AL 10:30 AM Trivia AL 11:30 AM TV Series (The Addams Family) Ch. 2 3:30 PM BINGO IL 7:00 PM Movie Night Ch. 2	16 11:30 AM TV Series (The Twilight Zone) Ch. 2 7:00 PM Halloween Carnival	6	10:00 AM Exercise (Weight) AL 10:30 AM Trivia AL 11:30 AM TV Series (The Addams Family) Ch. 2 3:30 PM BINGO IL 7:00 PM Movie Night Ch. 2	17	18 10:00 AM Sit & Dance w/ Becky AL 10:30 AM Trivia AL 11:30 AM TV Series (The Twilight Zone) Ch. 2 2:30 PM Ed + Ginny Green—Musical Performance IL 7:00 PM Movie Night Ch. 2	10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 3:00 PM Movie Matinee Ch. 2 7:00 PM Movie Night Ch. 2
20 9:30 AM Music and Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	21 10:00 AM Exercise (Chair Yoga) AL 10:30 AM Trivia AL 11:30 AM TV Series (The Twilight Zone) Ch. 2 2:30 PM Branch Activity IL 7:00 PM Movie Night Ch. 2	22 10:00 AM Exercise (Bands) AL 10:30 AM Trivia AL 11:30 AM TV Series (The Addams Family) Ch. 2 3:30 PM BINGO IL 7:00 PM Movie Night Ch. 2	23 10:00 AM Balloon Volleyball AL 10:30 AM Trivia AL 11:30 AM TV Series (The Twilight Zone) Ch. 2 2:30 PM Scenic Outing AL 7:00 PM Movie Night Ch. 2	3	10:00 AM Exercise (Weights) AL 10:30 AM Trivia AL 11:30 AM TV Series (The Addams Family) Ch. 2 3:00 PM BINGO (Bingo Store) IL 7:00 PM Movie Night Ch. 2	24	25 10:00 AM Sit & Dance w/ Becky AL 10:30 AM Nail Painting AL 11:30 AM TV Series (The Twilight Zone) Ch. 2 2:30 PM Abby Adcox—Musical Performance IL 3:45 PM Bear Stuffing AL 7:00 PM Movie Night Ch. 2	26 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 3:00 PM Movie Matinee Ch. 2 7:00 PM Movie Night Ch. 2
27 9:30 AM Music and Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	28 10:45 AM Trivia AL 11:00 AM Sit & Dance w/ Becky AL 11:30 AM TV Series (The Twilight Zone) Ch. 2 2:30 PM Pumpkin Craft IL 3:30 PM Scary Stories in the Dark AL 7:00 PM Movie Night Ch. 2	29 10:00 AM Exercise (Bands) AL 10:30 AM Trivia AL 11:30 AM TV Series (The Addams Family) Ch. 2 2:30 PM Birthday Party IL 3:30 PM BINGO IL 7:00 PM Movie Night Ch. 2	30 10:00 AM Balloon Volleyball AL 10:30 AM Trivia AL 11:30 AM TV Series (The Twilight Zone) Ch. 2 2:30 PM Resident Council AL 7:00 PM Movie Night Ch. 2	0	HALLOWEEN 10:00 AM Exercise (Weights) AL 10:30 AM Trivia AL 11:30 AM TV Series (The Addams Family) Ch. 2 3:30 PM BINGO IL 7:00 PM Movie Night Ch. 2	31		