

# January 2025 Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 AM Balloon Volleyball AL 10:30 AM New Year's Trivia AL 11:00 TV Show Ch. 2 3:30 PM Snowflake Making AL 7:00 PM Movie Night Ch. 2  New Year's Day!	2 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM BINGO IL 7:00 PM Movie Night Ch. 2	3 10:00 AM Sit & Dance AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Kerplunk AL 3:30 Musical Performance- Nathan Bowser IL 7:00 PM Movie Night Ch. 2	4 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
5 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	6 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Bookmark Craft AL 4:00 PM Book Club AL 7:00 PM Movie Night Ch. 2	7 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM BINGO IL 7:00 PM Movie Night Ch. 2	8 10:00 AM Balloon Volleyball AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Clay Magnets Pt. 1 AL 3:30 PM Corn Hole AL 7:00 PM Movie Night Ch. 2	9 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 BINGO- Bingo Store IL 7:00 PM Movie Night Ch. 2	10 10:00 AM Sit & Dance AL 10:30 AM Nail Painting AL 11:00 TV Show Ch. 2 2:30 PM Music Performance- Larry Kinder IL 4:00 Bear Stuffing AL 7:00 PM Movie Night Ch. 2	11 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
12 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	13 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Scenic Outing AL 4:00 PM Book Club 7:00 PM Movie Night Ch. 2	14 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM BINGO IL 7:00 PM Movie Night Ch. 2	15 10:00 AM Balloon Volleyball AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Clay Magnets Pt. 2 AL 3:30 PM Bowling AL 7:00 PM Movie Night 9	16 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 BINGO IL 7:00 PM Movie Night Ch. 2	17 10:00 AM Sit & Dance AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Music Performance- Cantana IL 4:00 PM Card Games AL 7:00 PM Movie Night Ch. 2	18 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
19 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	20 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Branch Activity IL 4:00 PM Book club AL 7:00 PM Movie Night Ch. 2 Martin Luther King Jr. Day	21 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM BINGO AL 7:00 PM Movie Night Ch. 2	22 10:00 AM Balloon Volleyball AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM Martin Luther King Recognition Activity AL 7:00 PM Movie Night Ch. 2	23 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 BINGO- Bingo Store IL 7:00 PM Movie Night Ch. 2	24 10:00 AM Sit & Dance AL 10:30 AM Nail Painting AL 11:00 TV Show Ch. 2 3:30 PM Music Performance- Jana Porter IL 7:00 PM Movie Night Ch. 2	25 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
26 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	27 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Scenic Outing AL 4:00 PM Book Club AL 7:00 PM Movie Night Ch. 2	28 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM BINGO IL 7:00 PM Movie Night Ch. 2	29 10:00 AM Balloon Volleyball AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 Resident Council/ Birthday Party AL 7:00 PM Movie Night Ch. 2	30 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 BINGO IL 7:00 PM Movie Night Ch. 2	31 10:00 AM Sit & Dance AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Blanket Tying AL 3:30 PM Music Performance- the Doo Wop Singers IL 7:00 PM Movie Night Ch. 2	