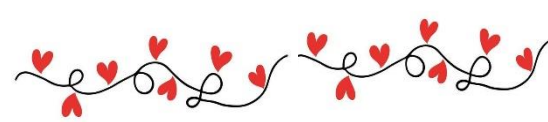


# February 2025 Assisted Living Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
2 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2 <b>Groundhog Day</b>	3 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Bear Stuffing AL 4:00 PM Book Club AL 7:00 PM Movie Night Ch. 2	4 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM BINGO AL 7:00 PM Movie Night Ch. 2	5 10:00 AM Balloon Volleyball AL 10:30 Trivia AL 11:00 TV Show Ch. 2 3:30 PM Wheel of Fortune AL 7:00 PM Movie Night Ch. 2	6 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 BINGO AL 7:00 PM Movie Night Ch. 2	7 10:00 AM Sit & Dance AL 10:30 AM Super Bowl Predictions/ Trivia AL 11:00 TV Show Ch. 2 3:30 PM Music- Doo Wop Singers IL 7:00 PM Movie Night Ch. 2	8 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
9 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 4:30 PM Super Bowl Ch. 6 7:00 PM Movie Night Ch. 2	10 10:00 AM Exercise AL 10:30 AM Nail Painting AL 11:00 TV Show Ch. 2 2:30 PM Scenic Outing- Provo Temple Progress AL 4:00 PM Book Club AL 7:00 PM Movie Night Ch. 2	11 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM BINGO AL 7:00 PM Movie Night Ch. 2	12 10:00 AM Balloon Volleyball AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Make Valentine Cards AL 3:30 PM Card Games AL 7:00 PM Movie Night Ch. 2	13 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 BINGO AL 7:00 PM Movie Night Ch. 2	14 10:00 AM Sit & Dance AL 11:00 TV Show Ch. 2 2:30 PM Music-Lisa Crosssley IL 3:30 PM Decorate Cookies IL 7:00 PM Movie Night Ch. 2 <b>Valentine's Day!</b>	15 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
16 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	17 10:00 AM Exercise AL 10:30 AM President's Day Trivia AL 11:00 TV Show Ch. 2 2:30 PM Branch Activity IL 4:00 PM Book Club 7:00 PM Movie Night Ch. 2 <b>President's Day</b>	18 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM BINGO AL 7:00 PM Movie Night Ch. 2	19 10:00 AM Balloon Volleyball AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Pres Day Activity AL 3:30 PM Bowling AL 7:00 PM Movie Night Ch. 2	20 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 BINGO AL 7:00 PM Movie Night Ch. 2	21 10:00 AM Sit & Dance AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM Music- Annabelle Xiao IL 7:00 PM Movie Night Ch. 2	22 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
23 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	24 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Scenic Outing- Orem Grand Houses AL 4:00 PM Book Club AL 7:00 PM Movie Night Ch. 2	25 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM BINGO AL 7:00 PM Movie Night Ch. 2	26 10:00 AM Balloon Volleyball AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Resident Council/ Birthday Party AL 7:00 PM Movie Night Ch. 2	27 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 BINGO AL 7:00 PM Movie Night Ch. 2	28 10:00 AM Sit & Dance AL 10:30 AM Nail Painting AL 11:00 TV Show Ch. 2 2:30 PM Music- Larry Kinder IL 4:00 PM Blanket Tying AL 7:00 PM Movie Night Ch. 2	

