











February 2025 Independent Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>Black History Month American Heart Month Random Acts of Kindness Week: Feb 14-20</p>				1 3:00 PM Movie Matinee Ch.2 7:00 PM Movie Night Ch.2
Groundhog Day 2 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch.2 	3 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 2:30 PM Bear Stuffing AL 7:00 PM Movie Night Ch.2	4 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 3:30 PM BINGO IL 7:00 PM Movie Night Ch.2	5 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 2:30 PM Super Bowl Pre game activity IL 3:15 PM Shopping- Walmart IL 7:00 PM Movie Night Ch.2	6 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 3:00 PM BINGO- Bingo Store 7:00 PM Movie Night Ch.2	7 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 3:30 PM Doo Wop Singers IL 7:00 PM Movie Night Ch.2	8 3:00 PM Movie Matinee Ch.2 7:00 PM Movie Night Ch.2
 9 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 4:30 Super Bowl Ch. 6 7:00 PM Movie Night Ch.2	 10 10:30 AM Nail Painting AL 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 2:30 PM Valentines Day Craft- Decoration IL 7:00 PM Movie Night Ch.2	 11 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 3:30 PM BINGO IL 7:00 PM Movie Night Ch.2	 12 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 2:30 PM My special Valentine Share and tell IL 3:15 PM Shopping- Smith's IL 7:00 PM Movie Night Ch.2	 13 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 3:30 PM BINGO 7:00 PM Movie Night Ch.2	 Valentine's Day 14 10:00 <i>Valentine's Day Brunch</i> 11:00 AM TV Show Ch.2 2:30 PM Lisa Crossley IL 4:00 PM Cookie Decorating 7:00 PM Movie Night Ch.2	 15 3:00 PM Movie Matinee Ch.2 7:00 PM Movie Night Ch.2
16 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch.2	President's Day 17 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 2:30 PM Branch Activity IL 7:00 PM Movie Night Ch.2 	18 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 3:30 PM BINGO IL 7:00 PM Movie Night Ch.2	19 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 2:30 PM President Activity IL 3:15 PM Shopping- Walmart IL 7:00 PM Movie Night Ch.2	20 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 3:00 PM BINGO- Bingo Store 7:00 PM Movie Night Ch.2	21 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 11:45 AM Lunch Bunch IL 3:30 PM Annabelle Xiao piano performance IL 7:00 PM Movie Night Ch.2	22 3:00 PM Movie Matinee Ch.2 7:00 PM Movie Night Ch.2
23 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch.2	24 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 2:30 PM Black History Month: Moments to remember IL 7:00 PM Movie Night Ch.2	25 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 2:30 Birthday Party IL 3:30 PM BINGO IL 7:00 PM Movie Night Ch.2	26 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 11:30 AM Resident Council IL 2:30 PM Getting to Know you Bingo 3:15 PM Shopping- WinCo 7:00 PM Movie Night Ch.2	27 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 3:30 PM BINGO IL 7:00 PM Movie Night Ch.2	28 10:30 AM Nail Painting AL 10:30 AM Exercise IL 11:00 AM TV Show Ch.2 2:30 PM Larry Kinder IL 3:30 PM Blanket Tying AL 7:00 PM Movie Night Ch.2	Location: AL: Assisted Living IL: Independent Living