



# May 2025 Assisted Living Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 BINGO AL 7:00 PM Movie Night Ch. 2	2 10:00 AM Sit & Dance AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM Music- CANTANA IL 7:00 PM Movie Night Ch. 2	3 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
4 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	5 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Cinco de Mayo Cooking Class IL 7:00 PM Movie Night Ch. 2  Cinco de Mayo	6 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2	7 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 7:00 PM Movie Night Ch. 2	8 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2  2:30 PM Movie Marathon! Ch. 2	9 10:00 AM Sit & Dance AL 10:30 AM Nail Painting AL 11:00 TV Show Ch. 2 2:30 PM Mother's Day Tea IL 7:00 PM Movie Night Ch. 2	10 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
11 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2 Mother's Day	12 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Music- Larry Kinder IL 7:00 PM Movie Night Ch. 2	13 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2	14 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Scenic Outing AL 7:00 PM Movie Night Ch. 2	15 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 BINGO AL 7:00 PM Movie Night Ch. 2	16 10:00 AM Sit & Dance AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Bear Stuffing AL 3:30 PM Music- Jenna Ralph Family IL 7:00 PM Movie Night Ch. 2	17 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
18 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	19 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM LDS Branch Activity IL 7:00 PM Movie Night Ch. 2	20 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2	21 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 3:00 PM AL Spring Wreath Making AL 7:00 PM Movie Night Ch. 2	22 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 BINGO AL 7:00 PM Movie Night Ch. 2	23 10:00 AM Sit & Dance AL 10:30 AM Nail Painting AL 11:00 TV Show Ch. 2 2:30 PM Music- Ed & Ginny Green IL 3:45 PM Charades AL 7:00 PM Movie Night Ch. 2	24 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
25 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	26 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Scenic Outing AL 7:00 PM Movie Night Ch. 2	27 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2	28 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Resident Council/ Birthday Party AL 3:15 Cornhole AL 7:00 PM Movie Night Ch. 2	29 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 BINGO- Bingo Store AL 7:00 PM Movie Night Ch. 2	30 10:00 AM Sit & Dance AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Blanket Tying AL 3:30 PM Music- Doo Wop Singers IL 7:00 PM Movie Night Ch. 2f	31 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2

