

September 2025 Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 AM Exercise AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Scenic Outing AL (Vivian Park) 7:00 PM Movie Night Ch. 2 Labor Day	2 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2	3 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 3:00 PM Poetry Reading- Kent Jorgensen AL 7:00 PM Movie Night Ch. 2	4 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 BINGO AL 7:00 PM Movie Night Ch. 2	5 10:00 AM Exercise AL 10:30 AM Nail Painting AL 11:00 TV Show Ch. 2 3:30 PM Music- Pop Orchestra IL 7:00 PM Movie Night Ch. 2	6 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
7 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	8 10:00 AM Exercise AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Scenic Outing AL (Downtown Provo) 7:00 PM Movie Night Ch. 2	9 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2	10 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 3:00 PM Flower Bouquet Making AL 7:00 PM Movie Night Ch. 2	11 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 BINGO AL 7:00 PM Movie Night Ch. 2 9/11 Remembrance Day	12 11:30 AM Summer Party!!! (IL Courtyard) 7:00 PM Movie Night Ch. 2	13 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
14 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	15 10:00 AM Exercise AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM LDS Branch Activity IL 7:00 PM Movie Night Ch. 2	16 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2	17 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 3:00 PM Family Feud AL 7:00 PM Movie Night Ch. 2	18 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 BINGO AL 7:00 PM Movie Night Ch. 2	19 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM Music- Ethan & Hope violin/cello IL 7:00 PM Movie Night Ch. 2	20 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
21 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	22 10:00 AM Exercise AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Scenic Outing AL (Bridal Veil) 7:00 PM Movie Night Ch. 2 Autumn Equinox	23 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2	24 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 3:00 PM Resident Council/ Birthday Party AL 7:00 PM Movie Night Ch. 2	25 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 BINGO- Bingo Store AL 7:00 PM Movie Night Ch. 2	26 10:00 AM Exercise AL 10:30 AM Nail Painting AL 11:00 TV Show Ch. 2 2:30 PM Music- Larry Kinder IL 3:45 Blanket Tying AL 7:00 PM Movie Night Ch. 2	27 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
28 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	29 10:00 AM Exercise AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Jeopardy AL 7:00 PM Movie Night Ch. 2	30 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2				

