



October 2025 Assisted Living Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 3:00 PM Julie Andrews Trivia and Pumpkin Treat AL 7:00 PM Movie Night Ch. 2 Pumpkin Spice Day	2 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 BINGO AL 7:00 PM Movie Night Ch. 2	3 10:00 AM Vaccine Clinic AL 10:00 AM Sing-a-long AL 2:30 PM Music- Ralayne Young IL 7:00 PM Movie Night Ch. Crazy Socks Day Wear your funkiest pair of socks	4 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
5 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	6 10:00 AM Exercise AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Scenic Outing AL (Timpanogos & Lindon Temples) 7:00 PM Movie Night Ch. 2 Do Something Nice Day	7 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM BINGO AL 7:00 PM Movie Night Ch. 2	8 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 3:00 PM "Spooky" Wheel of Fortune AL 7:00 PM Movie Night Ch. 2	9 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 BINGO AL 7:00 PM Movie Night Ch. 2	10 10:00 AM Exercise AL 10:30 AM Nail Painting AL 11:00 TV Show Ch. 2 2:30 PM Music- Larry Kinder IL 7:00 PM Movie Night Ch. 2 PJ Day Wear your favorite pajamas	11 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
12 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	13 10:00 AM Exercise AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Indigenous People's Day Jeopardy AL 7:00 PM Movie Night Ch. 2 Indigenous People's Day	14 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM BINGO AL 7:00 PM Movie Night Ch. 2	15 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 3:00 PM I Love Lucy Clips & Reminiscing with treats AL 7:00 PM Movie Night Ch. 2 I Love Lucy Day	16 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 BINGO AL 7:00 PM Movie Night Ch. 2	17 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Music- Bob Shorten IL 7:00 PM Movie Night Ch. 2 Sports Day Wear your favorite team gear	18 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
19 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	20 10:00 AM Exercise AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM LDS Branch Activity IL 7:00 PM Movie Night Ch. 2	21 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM BINGO AL 7:00 PM Movie Night Ch. 2	22  7:00 PM Halloween Carnival!	23 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 BINGO AL 7:00 PM Movie Night Ch. 2	24 10:00 AM Exercise AL 10:30 AM Nail Painting AL 11:00 TV Show Ch. 2 2:30 PM 7:00 PM Movie Night Ch. 2 Halloween Colors Day (purple, black, green, orange)	25 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 7:00 PM Movie Matinee Ch. 2
26 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2	27 10:00 AM Exercise AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Scenic Outing AL (Provo Foothills) 7:00 PM Movie Night Ch. 2	28 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM BINGO AL 7:00 PM Movie Night Ch. 2	29 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 3:00 PM Resident Council/ Birthday Party AL 3:45 PM "Candy Cornhole" AL 7:00 PM Movie Night Ch. 2 Candy Corn Day	30 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 BINGO AL 7:00 PM Movie Night Ch. 2	31 10:00 AM Exercise AL 10:30 AM Halloween Trivia AL 11:00 TV Show Ch. 2 3:00 PM Halloween Treats and Sing Along IL 7:00 PM Movie Night Ch. 2 Halloween Wear your costume!	

