

January 2026 ASSISTED LIVING ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY BIRTHDAY Judy Campbell 2nd Sydney Marrero 5th Ellen Axelson 7th Charlie Schield 9th Luella Williamson 14th				1 9:30 AM "Hello, Dolly!" Ch. 2 1:30 PM "What's Up Doc" Ch. 2 3:00 PM "On a Clear Day You Can See Forever" Ch. 2 7:00 PM Movie Night Ch. 2 <i>(A New Year's Resolution)</i> Barbra Streisand Movie Marathon New Year's Day!	2 10:00 AM Sit & Dance AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:30 PM Hula Performance IL 7:00 PM Movie Night Ch. 2 <i>(Annie)</i>	3 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 3:00 PM Movie Matinee Ch. 2 7:00 PM Movie Ch. 2 <i>(Flubber)</i>
4 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2 <i>(Life Size)</i>	5 10:00 AM Exercise AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Snowman Bowling AL 3:30 PM Saran Wrap Ball Game AL 7:00 PM Movie Night Ch. 2 <i>(Three Men and a Little Lady)</i>	6 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Winter Coloring 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2 <i>(West Side Story)</i>	7 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Scenic Outing AL 7:00 PM Movie Night Ch. 2 <i>(While You Were Sleeping)</i>	8 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Winter Charades AL 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2 <i>(The Princess Bride)</i>	9 10:00 AM Exercise AL 10:30 AM Nail Painting AL 11:00 TV Show Ch. 2 2:30 PM Music Performance-Larry Kinder IL 3:30 PM Blanket Tying AL 7:00 PM Movie Night Ch. 2 <i>(The Devil Wears Prada)</i>	10 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 3:00 PM Movie Matinee Ch. 2 7:00 PM Movie Ch. 2 <i>(Little Women)</i>
11 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2 <i>(Rear Window)</i>	12 10:00 AM Exercise AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 3:00 PM Butter Making IL 7:00 PM Movie Night Ch. 2 <i>(The Giver)</i>	13 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Famous Duos Matching Game AL 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2 <i>(Mary Poppins)</i>	14 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Boggle AL 3:30 PM Watercolor AL 7:00 PM Movie Night Ch. 2 <i>(Princess and the Frog)</i>	15 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Q Bitz Game AL 3:00 PM BINGO AL 4:00 PM Hot Cocoa Social AL 7:00 PM Movie Night Ch. 2 <i>(Train Dreams)</i>	16 10:00 AM Sit & Dance AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Pop Orchestra IL 3:30 PM Card Games AL 7:00 PM Movie Night Ch. 2 <i>(Ice Princess)</i>	17 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 3:00 PM Movie Matinee Ch. 2 7:00 PM Movie Ch. 2 <i>(Elvis)</i>
18 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2 <i>(Harriet)</i>	19 10:00 AM Exercise AL 10:30 AM MLK Day Reading AL 11:00 TV Show Ch. 2 2:30 PM Branch Activity IL 7:00 PM Movie Night Ch. 2 <i>(Our Friend, Martin)</i> Martin Luther King Jr. Day	20 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Juice and Cheese Tasting AL 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2 <i>(Avatar)</i> National Cheese Lovers' Day	21 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Scenic Outing AL 7:00 PM Movie Night Ch. 2 <i>(The Lost Husband)</i>	22 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 3:00 PM BINGO – Bingo Store AL 7:00 PM Movie Night Ch. 2 <i>(His Girl Friday)</i>	23 10:00 AM Exercise AL 10:30 AM Nail Painting AL 11:00 TV Show Ch. 2 3:30 PM Blanket Tying and Pie IL 7:00 PM Movie Night Ch. 2 <i>(The Sound of Music)</i> National Pie Day	24 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 3:00 PM Movie Matinee Ch. 2 7:00 PM Movie Ch. 2 <i>(My Girl)</i>
25 9:30 AM Music and the Spoken Word 2:30 PM LDS Church Service IL 7:00 PM Movie Night Ch. 2 <i>(Lion)</i>	26 10:00 AM Exercise AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 PM Show and Tell AL 3:30 PM Sticker by Number 7:00 PM Movie Night Ch. 2 <i>(Avatar 2: Way of Water)</i>	27 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM Q Bitz Game AL 3:00 PM BINGO AL 7:00 PM Movie Night Ch. 2 <i>(The Money Pit)</i>	28 10:00 AM Balloon Volleyball AL 10:30 AM Book Club AL 11:00 TV Show Ch. 2 2:30 Resident Council 3:00 Birthday Party AL 7:00 PM Movie Night Ch. 2 <i>(Forrest Gump)</i>	29 10:00 AM Exercise AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 2:30 PM BINGO AL 3:30 PM Puzzle Party AL 7:00 PM Movie Night Ch. 2 <i>(Runaway Bride)</i> National Puzzle Day	30 10:00 AM Sit & Dance AL 10:30 AM Trivia AL 11:00 TV Show Ch. 2 7:00 PM Movie Night Ch. 2 <i>(Oceans Eleven)</i>	31 10:30 AM Balloon Volleyball AL 2:30 PM Puzzle Party AL 3:00 PM Movie Matinee Ch. 2 7:00 PM Movie Ch. 2 <i>(Stand by Me)</i>

